



Reflection 1

By Deena Elabhar

Table of Contents

01 The Adjustments

02 My Experiences

03 My Advice

04 What I've Learned

05 Dear Future Student,



01

The Adjustments

"How will things be different going forward?"



Zoom classes as well as all other forms of virtual learning have become the new norm.

Realistically speaking, I do not think the world will return to "normal". Perhaps we will come to a point where masks are not a requirement, but people will be more cautious of being in a sanitary environment.



02

My Experiences

"How has the pandemic affected your experiences?"



Being in a different city
away from home, but
being unable to explore it
and network it an
obstacle that has gotten
in my way.

My environment has felt
very restrictive, but that
is necessary for progress
to be made.

It is a difficult adjustment,
especially because I had a
perception of what my
college life would be like but
it ended up being nothing
like my expectations

03

My Advice

"Provide advice, tips , and/or solutions to challenges."



Appreciate your
free time and
take care of
yourself.

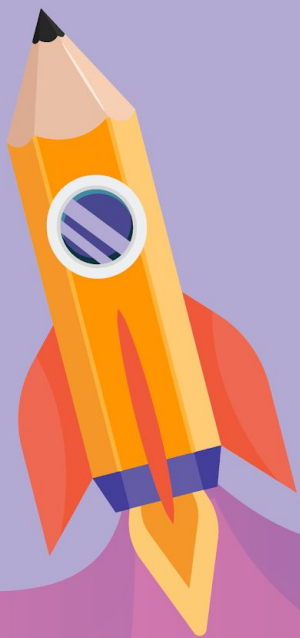
Spending so much
time at home is the
perfect opportunity
to explore your
talents and become
in touch with your
internal self.



Get used to
the fact that
this may be
our new
normal.

Be aware of your
surroundings in
order to keep
yourself and the
people around you
safe.


Advice



04

What I've Learned

"Describe what you have personally learned."

The background is a solid light purple. In the top left corner, there is a partial dark purple circle. In the center, there are three overlapping circles: a large light purple one on the left, a medium dark purple one on the right, and a smaller light purple one at the bottom. Scattered around these circles are several small dots in white, dark purple, and light purple.

I have learned to
stop stressing
myself out. I try to
designate a day to
completing my
assignments so
they don't pile up.


WHAT I HAVE LEARNED

05

Dear Future Student,

"List what future students need to know."





Remember that you are not alone. Everyone else is learning to prioritize work and play. This is not an easy task, but it is important to make time for yourself. Most importantly, plan ahead. When you have the time to complete multiple tasks, be sure take advantage of that. Work will easily pile up and it is your responsibility to stay up to date on everything.