

2020 has been a unique year, overcoming the pandemic has required nothing but patience and faith. This year I experienced family members passing away, new levels of stress, the world truly proved to be something above us all. It was extremely tough attempting to shake back from the grieving phase during this long break, enjoying everyday like it is my last this year has inspired me. The pandemic has taught me to continue laughing, learning and smiling, moving forward only looking to better myself. I was blessed with an internship opportunity that improved networking within my field and career path. Searching for ways to find peace has been the objective all year. Finding strength in vulnerable scenarios, reaching down within to continue chasing what makes us happy. True colors are shown during times of adversity, as I wake up each and every day I refrain from complaining about anything. This year has taught me to take absolutely nothing for granted. Time is extremely relative and we can only control the things that elevate us, push us to our best which we might think is our limit. Ultimately, this year has prepared me emotionally and mentally for the rough times in life. There were moments where we all felt like folding up and crying but the best inspiration is being able to find more by continuously freeing your mind of negativity. As conversations of public health concerns and social injustice rose, I discovered that the more detached I became the more I accomplished. 2020 has done nothing but encourage me to want more and dream big, pursuing my heart's greatest achievements.